

Imago Institute for Relationships
Requirements for Certification as an
Imago Relationship Therapist in Australia



Checklist:

Requirements for Certification as an Imago Relationship Therapist.

Full Notes are included below this checklist.

Requirements for Certification as an Imago Relationship Therapist	Date Completed
1. Completion of a Pre-training Form	
2. Trainee agreement signed	
3. Attendance at a GTLYW Couples Workshop as a Participant.	
4. Completion of 12 days of Clinical Training in IRT	
5. Completion of Post-Training Supervision with a Certified Imago Supervisor.	
6. Submission of two written reports	
7. Assist at a GTLYW Workshop for the duration of the whole workshop with Certified Workshop Presenters, after completion of the 12 day training	
8. Successful video evaluation by your Clinical Instructor following completion of the supervision requirements	
9. Full membership of a Professional Association with a Code of Ethics	
10. Current Indemnity Insurance at a minimum of \$500,000	
11. Submit a signed copy of the Clinical Member Agreement	

Please see below for further information and explanation of the checklist above.

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1. **The Pre-training Form** requires you to provide:

- a. A brief Curriculum Vitae
- b. Confirmation of full membership of a relevant Professional Association with a Code of Ethics. This requirement can be waived for those still in training as part of the graduate programme, but must be current at the time of Certification.
- c. Confirmation of current Indemnity Insurance at a minimum sum of \$500,000. This requirement can be waived for those still in training as part of the graduate programme, but must be available at the time of Certification.

2. **Trainee Agreement signed**

The Trainee Agreement will be provided to you when you enter Day 3 of the Imago Clinical Training.

3. **Attendance at a full GTLYW Couples Workshop**

It is **highly recommended** that you attend a Couples Workshop with your partner, prior to Day 8 of the training. However the earlier this is done in the training process, the better, from a learning perspective. If this timing is not possible for you, please contact us to discuss the options, however attendance is required at some point, for certification purposes.

Please also note that if you do not have a partner, or your partner is not able to attend, it is possible to attend the workshop with a friend, family member or colleague. Please let us know if you have difficulty finding someone to attend with as it may be possible for us to match you with another trainee in a similar position.

4. **Completion of all 12 days of Clinical Training in Imago Relationship Therapy, to the satisfaction of the Clinical Instructor (CI)**

Please note that if days are missed through the training, the CI will require completion of that day or half day at the next training offered free of charge, or may offer a one on one teaching time for an hourly fee. Please contact the Clinical Instructor or Administrator to let them know of any possible missed sessions prior to the training segment.

5. **Completion of the Post - Training Supervision requirement to the satisfaction of the Clinical Instructor and/or Clinical Supervisor**

Once you have a Certified Imago Clinical Supervisor in place for the post-training Supervision requirement, please notify your Clinical Instructor and the Course Administrator. We will let your Supervisor know if you have shown videos at the training, and they will keep in touch with your CI. If you choose to change Supervisors, please inform your CI

and Course Administrator.

Once your supervision is complete, your Clinical Supervisor will let the CI and Course Administrator know.

A minimum of four Videos for Feedback and Evaluation

In order to attain Certification as an Imago Relationship Therapist, all participants will need to submit videos of their clinical work throughout the course of training and supervision, for informal feedback as well as formal evaluation.

During Days 3 to 12, two videos should be presented for review. The first can be submitted following Day 2 and should feature the trainee guiding a couple through the 3 steps of the Imago Dialogue – mirroring, validation and empathy, with a response on the same topic from the partner. The second can be submitted following Day 7 and should feature the trainee guiding a couple through the Imago Dialogue with affective deepening.

In addition at least two further videos need to be presented for review during the post-training supervision process. If two videos are not presented during the Clinical Training, these videos need to be presented during Supervision. Trainees are encouraged to submit more than the minimum of 4 videos, as showing clinical work is the most effective way to integrate Imago theory and practice into your work. Furthermore, this will help work towards the quality of video required for Certification.

Only one video can be recorded or submitted at one period of time. Please receive feedback from the Clinical Instructor or Clinical Supervisor, and then integrate this feedback into your work before submitting another piece of work for feedback.

It is recommended that one video submitted for feedback be of a BCR Dialogue, if this is the best Dialogue indicated for your clients. Please do not take your clients into a Dialogue that is not the best option for them.

Further Information regarding Post-Training Supervision

The primary aim of the supervision process is to further develop and integrate the skills taught in the ICT through case consultation and clip review and to guide you, the trainee, through the certification process. The scoring sheet which is used for final evaluation will be utilized to assist learning during the supervision process.

Supervision should be structured to encourage and support the trainee to prepare the two written reports, and the final evaluation video. Please contact AIRTA (Association of Imago Relationship Therapists Australia)

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or your CI to find out who is a **Certified Imago Supervisor** in your region. A Certified Supervisor will have received specific training in offering the six months of supervision which will enable you to feel confident in presenting a video for final assessment/evaluation. Other Certified Imago therapists are available for ongoing supervision and this is highly recommended.

Each trainee is required to have six sessions of supervision spanning a minimum of six months. Supervision may be provided in a variety of ways – in person, through zoom or conference call, depending on the trainer's or supervisor's and trainee's preference, and geographic limitations.

This may be through individual supervision with one hour per session, or through group supervision which would typically be 2 hours per session for up to 4 participants. A group supervision meeting for one day is also possible, equivalent to two supervision sessions. A half day group supervision meeting is equivalent to one supervision session.

It is highly recommended that if primarily having group supervision, the participant concurrently has at least one Individual supervision session.

The supervision component of training is an additional cost to the 12 days of the Imago Clinical Training. Fees may differ depending on individual or group supervision, or the fees of the particular Clinical Supervisor you choose to work with.

Please note that most people take longer than six months to feel comfortable to provide a Certification video for assessment. Six months is a minimum requirement.

Please also note that continuing to submit videos for supervision is the best practice following Certification, to ensure ongoing development and expertise in the Imago model.

6. Written Reports

On two separate occasions (at least 3 months apart) following completion of the 12 days of training, participants are asked to submit a 1000 word (approximately) typed report to their Clinical Instructor with a copy to their Clinical Supervisor of how they have been integrating Imago into their personal and professional lives. These reports should feature an honest self-assessment of one's growth as a clinician and one's experiences and understanding of Imago theory and techniques, the impact of Imago on your own relationship(s) as well as new learnings you are having from your client work. Include the technical and growth suggestions you have received and been giving to yourself and report on your progress.

The first report is due three months after the completion of the 12 days of training. The second report needs to be submitted with or before your final video review.

7. Assist at a “Getting the Love You Want” Couples Workshop

After completion of Day 12 of the Imago Clinical Training, the participant needs to serve as a support therapist in a “Getting the Love You Want Couples Workshop” conducted by a Certified Workshop Presenter®. The trainee must meet with the presenter after the workshop for feedback and receive a positive evaluation from the Workshop Presenter. This evaluation must then be submitted directly to the Clinical Instructor.

8. Final Video Evaluation Procedure

- a. Record a video of a clinical session involving the Imago Dialogue and self- evaluate it using the current scoring sheet. Be sure that it achieves a pass mark of 70% or above.
- b. The recording must be of an Imago Dialogue with a couple with whom you have been working for some time. Your submitted video must show a full Imago Dialogue, with mirroring, validation and empathy of both members of the couple on the same topic.

The recording must be easy to hear and the camera view needs to be a view that is directly in front of the therapist and a side-on view of the couple. Please submit the full session, and do not edit it in any way. Do not submit a BCR/Parent Child or Initial Session Dialogue for final evaluation (though these are able to be submitted during the six month supervision process).

- c. Ask your Clinical Supervisor to review at least part of this video as part of the supervision process to you and to provide a scoring sheet and feedback indicating that he/she agrees that the Video is at a 70% or above passing level.
- d. Submit your Video securely to the Clinical Instructor who is assessing your video, together with your supervisor’s review, and your own scoring sheet. The fee for this evaluation process is \$300.
- e. Your Clinical Instructor will assess your video and will then contact you to find a time to provide feedback on your work. If he/she considers this a passing video over 70%, you will proceed toward Certification.
- f. If your Clinical Instructor does not agree with your self-assessment, you will be asked to submit a new video. You may request a new

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evaluator for your second video. There is an additional fee of \$300 for this second assessment.

- g. Please do not be disheartened if your first submitted video does not pass. We have a culture of learning whereby it is fine to be asked for another video. We want you to receive the best training possible from us. Acquiring a certain degree of proficiency in the model takes considerable time to achieve.

9. Membership of Professional Association

Please submit a current copy of your membership details of your Professional Association.

10. Indemnity Insurance

Please also submit a current proof of your indemnity insurance at a minimum of \$500,000

11. Submission of a signed copy of the Clinical Member Agreement

The Clinical Member Agreement will be sent to you once all requirements for Certification have been met. A link is provided here for your information [Clinical Member Agreement](#)

Once we receive your Clinical Member Agreement back, and ensured that all requirements have been met, we will notify the Imago International Training Institute. We will co-ordinate with IITI so that a Certificate can be issued and also inform AIRTA.

You may then represent yourself as a Certified Imago Therapist. You may use the Imago logo on your publicity material and website.

Congratulations!!