

CHARACTEROLOGICAL GROWTH

An Advanced Imago Training
Presented by Brenda Rawlings



SYDNEY

25-27 July 2019

Crows Nest Centre
2 Ernest Place
Crows Nest

9am-5pm

Morning and afternoon tea provided

FEE AU\$ 690 or NZ\$690

Non-therapist partners attend at half-price

TO REGISTER & more information
info@relationships.co.nz

ABOUT THE TRAINING

"The purpose of being alive is not to be forever happy. That is impossible. The purpose is to rock between the pain of the past and the promise of the present."
Geneen Roth

This three-day experience deepens theoretical understanding of characterological adaptations to pain through experiential processing at a personal level. **"We can't see the world as it is; we see it as we are."** (From the Talmud). The Characterological Growth training takes the defense of projection and highlights the many ways we put it to use. It highlights the ways in which projection takes us out of connection with ourselves and others, and allows us to be more fully present.

This profound personal training is exquisitely simple and yet simultaneously complex. It is designed to look deeply into the way our defences and character structure affects others. As we grow our personal container to hold all that life offers, we learn to increasingly live in the present and to share all that is inside us with those around us. Previous participants describe the training as "extraordinary and transformational."

LEARNING OBJECTIVES

- Gain tools and insights to work with reactive patterns as they show up in clients and in one's own behaviour.
- Participate in the experience of personal growth by way of linking defenses to developmental stages.
- Strengthen your personal skills of presence and attunement.
- Learn therapeutic techniques which allow couples to move through their fear and shame, into consciousness and wholeness.
- Learn and practice exercises that clarify self-defeating patterns and create new neural pathways, for clinical and personal application.
- Celebrate vibrant aliveness as you practice shifting more and more into self-aware consciousness.